## Hythe Masters Success at Regional Championships

Congratulations to the following swimmers who made it ahead of the storms to K2 at Crawley.

Fantastic effort in a 50m pool with minimal tapering .

Good luck to Greg in his next adventure 100 x 100m!!

| John Turner          | 50/54                        | 100m Brs  | 5 <sup>th</sup>  | 1:27.83 |
|----------------------|------------------------------|-----------|------------------|---------|
|                      |                              | 50m Brs   | 1 <sup>st</sup>  | 37.63   |
|                      |                              | 100m Free | $7^{th}$         | 1:06.15 |
|                      |                              | 50m Free  | $10^{\text{th}}$ | 29.95   |
|                      |                              |           |                  |         |
| Graham Ling          | 80/84                        | 200m Free | 1 <sup>st</sup>  | 3:50.18 |
|                      |                              | 100m Back | $2^{nd}$         | 2:11.88 |
|                      |                              | 100m Free | 1 <sup>st</sup>  | 1:44.08 |
|                      |                              | 50m Free  | 1 <sup>st</sup>  | 45.45   |
|                      |                              | 50m Back  | $1^{st}$         | 58.91   |
|                      |                              |           |                  |         |
| Greg Wood 35/39 400r | n IM 1 <sup>st</sup> 6:19.32 | 2         |                  |         |
|                      |                              | 100m Free | 6 <sup>th</sup>  | 1:07.85 |
|                      |                              |           |                  |         |
| Stuart Paris         | 40/44                        | 400m IM   | 1 <sup>st</sup>  | 6:43.70 |
|                      |                              | 100m Free | 6 <sup>th</sup>  | 1:06.31 |
|                      |                              | 50m Free  | 8 <sup>th</sup>  | 29.38   |
|                      |                              |           |                  |         |
| Tom Richardson       | 65/69                        | 50m Back  | 4 <sup>th</sup>  | 50.77   |